

Grapevine

Happy New Year!



Photo by Lou Zauner

Living at the Veterans Home of California in Yountville – January 5, 2007

*The
GRAPEVINE
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From the Administrator's Desk ...

Thank you for attending the December 19 Administrator/ Members meeting featuring a presentation by the architectural team responsible for remodeling the Member Services Building. The projected timeline for the remodel is:

- June 15, 2007 – Preliminary Plans due
- March 2007 – Final Plan completed
Federal Approval process (may take a year)
- March 2008 – Contract out for bid
- May 2008 – Start Construction
- January 2010 – Back In Service

Thank you for sharing your ideas. I thought the suggestions for an elevator at each end of the building, solar power, increased storage, changing rooms in the fitness center, wiring for videoconferencing and wireless internet access, temperature controlled storage for museum artifacts, and electronic signs to direct visitors were all excellent ideas. There were many more terrific ideas too numerous to mention here. It will be exciting to watch the remodel in progress and I will give you updates as they come along.



**Marcella McCormack,
Administrator**

Remembering President Gerald R. Ford (1913-2006)

Proclamation from President George W. Bush on December 28, 2006

By the authority vested in me as President by the Constitution and laws of the United States of America, it is hereby ordered as follows:

Section 1. All executive departments, independent establishments, and other governmental agencies shall be closed on January 2, 2007, as a mark of respect for Gerald R. Ford, the thirty-eighth President of the United States. That day shall be considered as falling within the scope of Executive Order 11582 of February 11, 1971, and of 5 U.S.C. 5546 and 6103(b) and other similar statutes insofar as they relate to the pay and leave of employees of the United States.

Sec. 2. The first sentence of section 1 of this order shall not apply to those offices and installations, or parts thereof, in the Department of State, the Department of Defense, the Department of Justice, the Department of Homeland Security, or other departments, independent establishments, and governmental agencies that the heads thereof determine should remain open for reasons of national security or defense or other essential public business.



Travis Air Base "Elves" Return

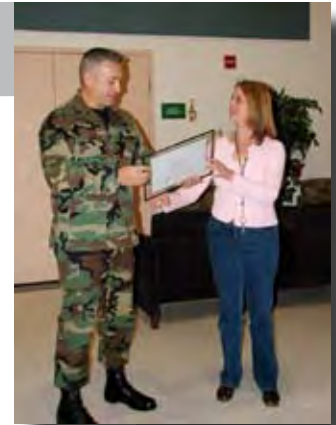
By Lou Zauner

Beginning at 9 a.m. Friday, December 29, ten Travis Air Base service personnel visited the Home and, with the help of additional volunteers, brought Christmas and 2006 to a close by removing the Christmas decorations and putting up decorations for New Year festivities.

Heading the group, as he has done for over 5 years, was M/Sgt. Robert King. Susan Heims presented him with a "Certificate of Appreciation" from Home Administrator Marcella McCormack and her. Shortly thereafter, the "teams" were assigned to their tasks of removing the decorations and packing them away until next Christmas.

M/Sgt. King is due for retirement in 2007, and his parting words for his last tour of duty bringing brightness and cheer to the Home included that he was seeking a new leader for the annual project to take his place since it had been so meaningful to him, the Veterans Home, and all involved.

Our sincere thanks to all our good Travis Air Base friends, the volunteers and Staff who help make each Christmas a happy event. And, the best to all for a Happy New Year!



M/Sgt. Robert King receives Certificate from Susan Heims.



It's a lot of work to remove the Christmas decorations and not nearly as much fun as decorating the trees, buildings and lawns.

Every decoration has to be carefully removed, packed and stored until next Christmas. And there is always leftover debris to clear away.

Each of the fragile ornaments has to be individually wrapped and carefully packed away.

Photo at left: Kelsey Bobbitt, daughter of M/Sgt. Mike Bobbitt was just one of the many volunteers that helped with the project.



New Year's Eve Revelry

By Lou Zauner



The annual New Year's Eve Party appropriately coincided with the Sunday afternoon dance at Grant Hall. From 6 to 9 pm, over 100 enthusiastic partygoers were entertained with great music by Larry Dent and his Music Makers, table settings of hats, horns, noisemakers, sparkling decorations and good company - plus the abundance of food, which lasted throughout the evening

While the dancers swirled surrounded by the on-lookers and the artistic seasonal decorations, the volunteer servers greeted hungry revelers with chicken wings, barbecued mini hot dogs, meatballs, and a huge salad selection of tomatoes, olives, mushrooms and broccoli. To also tempt you there were finger food platters of cheeses, rolled ham; chips; rolls and a choice of punch or coffee ... nothing was missing.

Susan Heims, Therapeutic Activities Manager, introduced the many volunteers that contributed to the success of the Party. She also reminded the crowd of the 2005 New Year's Eve "party that wasn't" because of the extensive rain and flooding throughout the area. Susan described her failed attempt to deliver the traditional New Year Eve balloons because of the disaster conditions that existed; so the colorful "Happy New Year" decorations had to wait until the 2006 event. And, what bright adornment they were!

Hey, what a grand time was had by all! Many thanks to our Activity Managers and Staff and all who made the closing of 2006 at the Home a joyful success from the beginning of the dance music and buffet-serving to the final seconds countdown of the New York Times Square party shown on the "big screen."

*More
photos
on the
next
page*





Happy New Year!



November 24, 2006



❖❖ Paws with Brandy ❖❖

Not Older, Just Better

I've wasted a lot of time looking for new grey hairs in my muzzle, and I've reached a new conclusion. Getting old is a real pain; once you're there, it isn't bad at all. As usual, several people have already decided that. I'm gonna share what I've learned from them, then add what you might learn from us dogs. I'll start with the one which gave me this insight:

"Age only matters when one is aging. Now that I've arrived at a great age, I might as well be 20." Pablo Picasso

"Nobody grows old by merely living a number of years. People grow old only by deserting their ideals. Years may wrinkle the skin, but to give up interest wrinkles the soul." General Douglas MacArthur

"Be forever a student. He, and he alone, is old who feels that he has learned enough and has no need for more knowledge." Sivananda, Indian physician

And two from my favorite source:

"Age is a question of mind over matter. If you don't mind, it doesn't matter."

"Never look back. Something may be gainin' on you." Satchel Page, baseball player

Now, when it comes to getting the most out of your time, people could learn from us dogs. Here are some I've collected:

Never pass up the opportunity for a joyride.

Take naps and stretch before rising.

Eat with gusto and enthusiasm. Stop when you have had enough.

Never pretend to be something you're not.

Always give people a friendly greeting. A cold nose in the crotch is good. (You may have to modify that one a bit.)

If what you want is buried, dig until you find it.

Be aware of when to hold your tongue and when to use it.

When someone is having a bad day, sit close and lean on them slightly.

So, I thought I wouldn't make any New Years resolutions, but it seems I already have: be prepared to learn something from everyone you meet. Each of us has had different experiences, and sharing them will help us all. ❖❖

Working from the Heart

The Staff Member grief/loss group facilitated by Nicole Bendayan from Hospice of Napa Valley is changing their meeting day and time. Beginning in January 2007 the group will meet every 3rd Monday of the month from 12 pm-1 pm in the Hospital Chapel. For more information contact Carmen Vivian at ext. 2540.

As I See It ...

By Lou Zauner

New Year's Resolutions are once again ready to be made, reviewed and 60% of the time, broken. At least, for my part, I am looking back to see where I failed with my resolutions in 2006.



For the first one, I didn't win the lottery.

Second one, I didn't exercise more, but repeated the same ones: stretch the truth, jump to conclusions and run away from work. Okay, so I've used that one before.

Third one, lose weight: I gained a pound.

Fourth, don't smoke: that I accomplished! But then again, I haven't smoked in forty years.

Statistically, I am told the number one resolution made for the New Year is to lose weight, so since I do not intend to become just another statistic, I'll skip that for this year and go into some real meaningful resolutions: Read good "how to" books, learn new skills and become an armchair travel writer to better my geographic knowledge.

On my list of good books: *Improving Intelligence for Dummies*, *Napkin-Folding Made Easy*, *Ten Ways to Avoid Work*, *Fending Off Leprosy*. I think I need help. Chris Williams, come to my rescue!

New skills: Computer expertise. I'm really getting good at this. I can open and close the computer now without looking at the manual. Also I can find the "delete" button, which is the most often used key in my work, and I've taken care to learn some technical terms like "byte," "download," "program," "hard drive," "soft drive," "medium drive," or whatever. I don't know what they mean, but I sound so "computer literate." Nancy Bueno, come to my rescue!

Writing about travel should be great! Subjects I propose: "Getting to Know Milpitas," "A Walking Tour of Death Valley," and "An Ice-Fishing Winter Vacation in Fergus Falls, Minnesota." For the last one I'll need the help of Jody Price.)

Still, I don't want to impose on all my good friends at the Grapevine ... except Neil Remnant, who can direct me to the best movies to see in 2007 and help me catch up on 2006, 2005, and all the other past years. Otherwise, I think I'll just give up on New Year resolutions.

Well ... I can't give up completely; so here are the ones for 2007: win the lottery, exercise more, and lose weight. With the New Year comes new challenges.

So, a happy one to everyone! ... and may all *your* resolutions come true.



Was your New Year's resolution to stop smoking?

Yes? Well, here's a little information to boost your resolve.

Questions and Answers about Smoking Cessation

How important is it to stop smoking?

It is very important. Tobacco use remains the single most preventable cause of death in the United States. Cigarette smoking accounts for nearly one-third of all cancer deaths in this country each year.

Smoking is the most common risk factor for the development of lung cancer, which is the leading cause of cancer death. It is also associated with many other types of cancer, including cancers of the esophagus, larynx, kidney, pancreas, and cervix. Smoking also increases the risk of other health problems, such as chronic lung disease and heart disease. Smoking during pregnancy can have adverse effects on the unborn child, such as premature delivery and low birth weight.

What are the immediate benefits of stopping smoking?

The health benefits of smoking cessation (quitting) are immediate and substantial. Almost immediately, a person's circulation begins to improve and the level of carbon monoxide in the blood begins to decline. (Carbon monoxide, a colorless, odorless gas found in cigarette smoke, reduces the blood's ability to carry oxygen.) A person's pulse rate and blood pressure, which may be abnormally high while smoking, begin to return to normal. Within a few days of quitting, a person's sense of taste and smell return, and breathing becomes increasingly easier.

What are the long-term benefits of stopping smoking?

People who quit smoking live longer than those who continue to smoke. After 10 to 15 years, a previous tobacco user's risk of premature death approaches that of a person who has never smoked. About 10 years after quitting, an ex-smoker's risk of dying from lung cancer is 30 percent to 50 percent less than the risk for those who continue to smoke. Women who stop smoking before becoming pregnant or who quit in the first 3 months of pregnancy can reverse the risk of low birth weight for the baby and reduce other pregnancy-associated risks. Quitting also reduces the risk of other smoking-related diseases, including heart disease and chronic lung disease.

If you are interested in stopping smoking, free classes are available through Carmen Vivian. The classes are based either here at the Home on an individual basis or through Napa County in a group setting for those Members who have their own transportation. For more information on smoking cessation or to sign up for classes contact Carmen Vivian in Section A at 948-2540.

25 Quick Steps towards a Healthier Diet



Did you make a New Year's resolution to improve your diet? Well, it need not be difficult. Why? Because it's the little things that make the difference.

With this in mind, here are 25 quick tips that will help you shape up your food choices while slimming down your waistline. Go ahead: Increase your vegetables and whole grains, but decrease the fat, salt and sugar. If you're really serious about changing your family's diet, clip this page and post it on your refrigerator ... or even better, your *mirror* ... as a daily reminder.

Increasing Vegetables

1. Learn to properly steam vegetables.
2. Decrease the meat and increase the vegetables called for in stews and casseroles.
3. Add grated carrots, zucchini or cabbage to chili and meatloaf.
4. Offer washed and trimmed carrot and celery sticks for snacking.
5. Add finely grated carrots, pumpkin, or zucchini to baked breads and cakes.

Increasing Whole Grains

6. Substitute whole-wheat flour for bleached white flour when you bake.
7. Top casseroles with wheat germ or whole-wheat bread crumbs.
8. Serve bran-based cereals, or those made from shredded wheat.
9. Serve imaginative whole-grain side dishes (bulgur, kasha, etc.) instead of egg noodles.
10. Offer crackers and corn chips containing whole grains.

Reducing Fat

11. Cook with less fat by using non-stick skillets.
12. Blot all fried meats on paper towels.
13. Add a spoon of water or broth as needed instead of more fat when sautéing onions and vegetables.
14. Substitute low-fat yogurt for mayonnaise.
15. Substitute ground turkey for ground beef.

Reducing Salt

16. Substitute lemon juice or herbs for salt when cooking pasta or grains.
17. Avoid cooking with soy or Worcestershire sauce.
18. Substitute garlic or onion powder for garlic or onion salt.
19. Avoid using products that contain monosodium glutamate.
20. Use unsalted or low-salt vegetable broths and products.

Reducing Sugar

21. Choose canned fruits packed in water instead of heavy syrup.
22. Use only fresh-frozen fruit without added sugar if fresh is unavailable.
23. Cut the sugar called for in most recipes by one-third to one-half.
24. Sweeten waffles and quick breads with cinnamon, cardamom and vanilla or almond extracts.
25. Add pureed banana to baked goods and reduce the sugar.

Some fats can adversely affect your health

Scientists find connection between dietary fats and immune response

The researchers from Garvan Institute's Immunology Program in Sydney, Australia, are one step closer to finding the connection between dietary fat consumption and inflammation. In a new study at Medical News Today, online, the scientists noted that while our dietary habits in the western world have changed over the last 30 years or more, and include an increase in the consumption of fats (fatty acids) from fast food and pre-prepared foods, there has also been an increase in the incidence of inflammatory diseases, especially asthma, atherosclerosis, and autoimmune diseases like rheumatoid arthritis.

Their study shows that a type of white blood cell (dendritic cells) that triggers immune responses needs a fatty acid binding molecule (aP2) to function. The scientists believe that an excess of fatty acids, or specific types of fatty acids, can trigger inflammatory diseases and metabolic diseases.

New York City bans trans fats

What are trans fats? Trans fats do occur naturally but only in small quantities in meat and dairy products. The typical source of trans fats is processed foods. Trans fats are created as a side effect of partial hydrogenation of plant oils. It creates a fat that has a long shelf life, a desirable trait for restaurants and processed food companies. The trans fat most familiar to you is probably *Crisco*.

Unlike other fats, trans fats are not necessary to a healthy diet. In fact, trans fats have an adverse effect on cholesterol levels and been linked to heart disease. They lower your good cholesterol while raising the bad cholesterol. The FDA estimates that the average American consumes 4.7 pounds of this unhealthy fat each year and requires food manufacturers to include trans fat information on their nutrition labels.

In December the New York City Board of Health passed a ban on trans fats. By July of 2007, all New York restaurants must stop using frying oils containing trans fat, and all trans fats must be eliminated from their food by July 2008.

The ban doesn't mean that fried foods must be eliminated, just that foods must be prepared with healthier fats. Monounsaturated and polyunsaturated fats are two fat sources that can actually help lower cholesterol levels and can be used as a substitute for the harmful trans fats.

This ban is the first FDA ban on a food item. Although it is a controversial step toward better health through safer food, other cities have begun to look at proposing their own ban.

New York City poster encouraging the elimination of trans fats.



Living at the Veterans Home of California in Yountville

Good Readin'

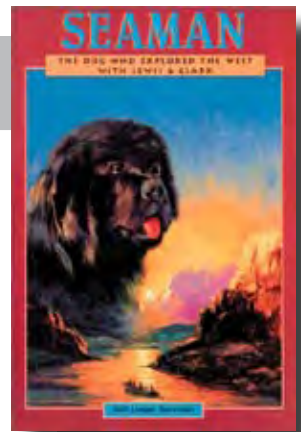
Lewis and Clark and, oh, yes, Seaman

Ever notice how an event is suddenly hot in several media? The Lewis and Clark Expedition, named “The Voyage of Discovery” by President Thomas Jefferson, has been featured in several places, and you still have until January 7th to catch the photographs of Greg MacGregor at the Napa Valley Museum. These photos pair scenes of present locations with descriptions of the same spots as recorded in Lewis or Clark’s journals. PBS recently aired a recreation of the journey and, last week, a Ken Burns special about President Jefferson. His curiosity about the recent Louisiana Purchase, which had doubled the size of the United States, led him to mount the expedition, and he eagerly awaited the accounts and artifacts which were returned to him by Lewis, Clark and Seaman. Seaman was Lewis’s huge Newfoundland dog who acquitted himself admirably in defense from wild creatures he had never seen before, including “a verry large and turrible animal”, their first sighting of a grizzly bear. A journal of the trek was later published under his name.

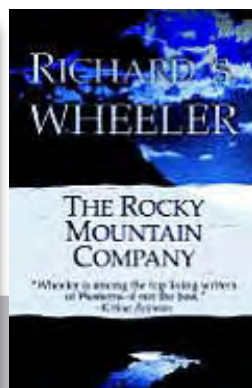
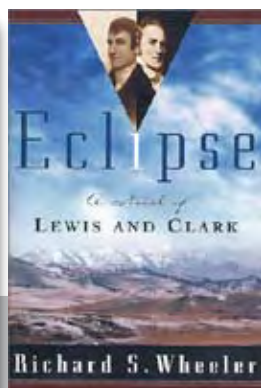
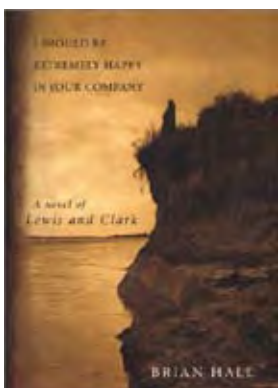
No one in power had the curiosity of Jefferson, and the prime duty he laid on the young men was complete documentation of their discoveries. They responded with fervor. Not only were their journals extensive, many of the other men kept diaries. These were in such demand by newspapers of the day that it took considerable effort by Bernard Devoto to recreate the originals in *The Lewis and Clark Expedition* which Stephen Ambrose calls “an American classic in its own right.” It fails to record, however, the fate of the lively prairie dog they sent Lincoln in a wooden box. Seaman was given credit for that, too.

Lincoln Library has two fictionalized versions of the journey. *I Should Be Extremely Happy in Your Company* by Brian Hall relates the events from several participant’s points of view. Most telling are those by Sakagawea (one of many spellings) the Shoshoni girl who served as guide for the expedition. She adapts quickly from suspicion and puzzlement to acceptance and her chapters follow her growing sophistication.

Eclipse and *The Rocky Mountain Company* are by western writer Richard S. Wheeler who is known for his solid research. These will introduce you to an author you’re sure to enjoy. His books follow on from the Voyage of Discovery to the last of the mountain men.



above: Statue at Quality Hill in Kansas City, Missouri, showing York and Seaman. York was Clark’s slave who he inherited from his father. York was about the same age as Clark and had been his companion from childhood, as was common in the South at the time.



NAPA VALLEY MUSEUM

Saturday,
January 6
2 to 4 pm



Lewis and Clark Revisited – A Trail in Modern Day Presentation by Exhibition Photographer Greg MacGregor. Each of his photos depicts a location from the journey alongside a description of that place from Lewis and Clark's diary. "I'm trying to revisit history and to examine how we cover up our own past," MacGregor says. "We've dammed up rivers, planted potato patches and put in roads. Every photo conveys that people are there or have been there, and that's on purpose." Free with admission. Call 707.944.0500 for reservations.



The Napa Valley Museum presents...

Innovation & Adaptation – Winery Architecture in the Napa Valley, on view January 19 through March 25, 2007.

This exhibition demonstrates how Napa Valley's wine culture, old and new, is reflected in its architecture. Over 100 historical and contemporary images and illustrations chronicle the story of Napa's wine culture through its early days and Prohibition to its mid-century production boom and technological advances, late twentieth-century coinage of the winery hospitality concept, and recent trend toward an integrated approach in landscape, architecture and winemaking.

There will be an opening reception for Innovation & Adaptation on Friday, January 19, from 6:00 to 8:00 pm. The wine and hors d'oeuvre reception is free for members and \$5 for non-members.

2007 State Holiday Schedule (offices closed)

Monday, January 1	New Year's Day
Monday, January 15	Martin Luther King Jr. Day
Monday, February 12	Lincoln's Birthday
Monday, February 19	Washington's Birthday
Saturday, March 31	Cesar Chavez Day
Monday, May 28	Memorial Day
Wednesday, July 4	Independence Day
Monday, September 3	Labor Day
Monday, October 8	Columbus Day
Monday, November 12	Veteran's Day *
Thursday, November 22	Thanksgiving Day
Friday, November 23	Day after Thanksgiving
Tuesday, December 25	Christmas Day

* When a holiday falls on a Sunday, it is observed the following Monday.

2007 Grapevine Deadlines and Distribution Dates

Month	Deadline	Distribution
Jan	12, 29	5, 19
Feb	9, 26	2, 16
Mar	12, 26	2, 16, 30
Apr	9, 23	13, 27
May	7, 21	11, 25
Jun	4, 18, 29	8, 22
Jul	16, 30	6, 20
Aug	13, 27	3, 17, 31
Sep	10, 24	14, 28
Oct	5, 22	12, 26
Nov	5, 15	9, 21
Dec	3, 17, 31	7, 21

LINCOLN Theater

Sunday
January 28
3:00 pm

Charlotte's Web A live theater performance, of one of the most beloved children's books of all time comes to life! Explore a magical barnyard world where animals talk and miracles happen. This story of courage and friendship from E.B. White's touching novel has inspired readers for decades. California Theatre Center's production of the classic tale is adorable and great fun for the whole family.



Tuesday
January 30
7:00 pm

In the Mood – 1940's Musical Revue Rhythm Swing. Jazzy. Brassy. It's In the Mood, a 1940's musical revue that takes a retro look at the life and times of America's greatest generation. Much more than a concert, the revue features sixteen In the Mood singers and dancers with the sensational String of Pearls big band orchestra. The musical arrangements, costumes and choreography are as authentic as it gets. Come experience the swing and rhythm of this most sentimental and romantic era.



Wednesday
January 31
7:30 pm

BYU: Living Legends A celebration of Native American, Polynesian, and Latin American music and dance, Living Legends combines dynamic choreography of Native American choreographies with the color and vitality of the dances of Polynesian and Latin American dances. Performed by talented descendants of these cultures and woven together by traditional and contemporary music, Living Legends' program is a stunning tribute to the ancient cultures of the Americas and the Pacific.



Napa Valley Symphony

Welcome to a Napa Valley Tradition...

Sunday
January 21
3:00 pm

Classical II : Branford Marsalis – The power and passion New Orleans native Branford Marsalis was born into one of the city's most distinguished musical families, which includes patriarch/pianist/educator Ellis Marsalis and brothers Wynton, Delfeayo and Jason Marsalis. Branford won a Grammy in 1993 for Best Jazz Instrumental Performance, Individual or Group for his album *I Heard You Twice The First Time*, and another in 1994 for Best Pop Instrumental Performance for *Barcelona Mona*, a single he recorded with Bruce Hornsby for the Olympics in Spain. Known for his innovative spirit and broad musical scope, Branford is equally at home on the stages of the world's greatest jazz clubs and classical halls.



sign up
early



Residential Care Special Events

Sign up early! Activities can fill quickly. All activities are subject to change due to bus and driver availability.

January 2007

Date	Time	Event	Bus	Site	Signup
6 Sat	8:30 am	Vallejo Shopping: Costco/Target	MBS		Yes
9 Sat	8:30 am	Jelly Belly Tour	MBS		Yes
10 Wed	9:00 am	Allied Council		GH	
	12:30 pm	LaMelange	MDR		Yes
11 Thu	10:00 am	Remembrance Service		Chp	
13 Sat	10:00 am	Napa Target/Raleys Shopping	MBS		Yes
	2:00 pm	Cowboy Poetry/Writers Open Mic		LL	
15 Mon	<i>Martin Luther King, Jr. Day (Offices Closed)</i>				
	11:00 am	Oakland Warriors	MDR		Yes
17 Wed	9:15 am	Black Hawk Museum	MBS		Yes
	1:00 pm	Domino's Tournament		GH	Yes
19 Fri	1:30 pm	Crab Louie Party		GH	
21 Sun	7:30 am	Senior Center Brunch	MBS		Yes
23 Tue	10:30 am	Bunch for Lunch	MBS		Yes
	8:00 pm	Symphony with Bradford Marsalis		LT	Yes
24 Wed	12:30 pm	LeMelange	MDR		Yes
25 Thu	8:30 am	Railroad Museum	MBS		Yes
26 Fri	9:30 am	Chess Tournament		GH	Yes
27 Sat	9:30 am	Fairfield Mall	MBS		Yes
28 Sun	3:00 pm	Charlotte's Web		LT	Yes
30 Tue	7:00 pm	In the Mood		LT	Yes
31 Wed	10:00 am	Asian Art Museum	MBS		Yes
	7:30 pm	Living Legends		LT	Yes

Key – 1C/1D: Hospital 1C/1D patio; **Bor:** Borman Field; **Chp:** Chapel; **GH:** Grant Hall; **GR:** Games Room; **HL:** Hospital Lobby; **HRA:** Hospital Recreation Area; **LL:** Lee Lounge; **LT:** Lincoln Theater; **MBS:** Main Bus Stop; **MDR:** Main Dining Room; **MPG:** Main Picnic Grounds; **SF:** San Francisco; **TAV:** Tavern; **VHC:** Veterans Home Cemetery; **VGC:** Vintners Golf Course; **VHL:** Veterans Home Lanes; **XII:** Annex II; **Ynt:** Yountville; **YVP:** Yountville Veterans Park.

To all Home Members receiving a VA Pension Check

We want to prevent interruption of your benefits and keep those pension checks coming!

The U.S. Department of Veterans Affairs [VA] recently sent **gold** colored forms titled **Improved Pension Eligibility Verification Report** or **EVR** forms, to all pension recipients at the Home some of these forms were received directly by our office). This is an annual income report form that must be completed, signed, and mailed back to the VA before March 1, 2007 to avoid suspension of your benefits.

If you have not received an **Improved Pension Eligibility Verification Report** or **EVR** form please contact Art Palmer at 944-4122 or visit the Veterans Service Office on the ground floor of Holderman Hospital.

If you need assistance completing this form contact Art Palmer at 944-4722 or visit the Veterans Service Office on the ground floor of Holderman Hospital.

MOVIE NIGHT IN GRANT HALL

Wed, Jan 3 – “Lawrence of Arabia” Part 1

A 1962 epic film directed by David Lean with an international cast starring Peter O'Toole, and included Alec Guinness, Anthony Quinn, Jack Hawkins, Claude Rains, Omar Sharif and Jose Ferrer. A four-plus star biography of adventurer T. E. Lawrence. This is a film that should be seen on a large screen such as the one we enjoy here in Grant Hall. The film won seven Oscars – Best Picture, Best Director, Best Cinematography, Best Score, Best Editing, Best Sound and Best Art Direction. O'Toole and Sharif both received nominations for Best Actor in a Leading Role and Best Actor in a Supporting. The picture made O'Toole an instant star in his first leading role. Because of the film's 3½ hour length, it will be shown in two parts. The second part will be shown the following Friday, January 5. ★ ★ ★ ★ +

Fri, Jan 5 – “Lawrence of Arabia” Part 2

Wed, Jan 10 – “Rambling Rose”

A 1991 film starring Laura Dern, Robert Duvall, Diane Ladd, Lucas Haas and John Heard. A very interesting, colorful story set in 1930's Georgia with Rose (Dern) as an oversexed lost soul of a girl who comes to work for a genteel family headed by Duvall and Ladd. Nicely detailed and well acted, with pleasant surprises along the way. Ladd and Dern were the first real-life mother and daughter nominated for Oscars in the same year. Screenplay by Calder Willingham from his autobiographical novel. ★ ★ ★

Fri, Jan 12 – “Little Miss Sunshine”

This new (2005) comedy stars Toni Collette, Greg Kinnear, Alan Arkin, Abigail Breslin and Steve Carrell. The film takes three generations of a somewhat looney Arizona family on a trip to a “Little Miss Sunshine” child beauty pageant in California. There are a lot of laughs along the way. ★ ★ ★

Wed, Jan 17 – “Young Frankenstein”

This 1974 comedy is directed by Mel Brooks and stars Gene Wilder, Peter Boyle, Mary Feldman, Teri Garr, Cloris Leachman and Gene Hackman. The movie is a very funny spoof/parody on the original Frankenstein films and is considered by many as one of the funniest and most quotable movies of all time ★ ★ ★ ½

Fri, Jan 19 – “The Devil wears Prada”

This new (2005) film stars Meryl Streep and Anne Hathaway. Streep plays a fashion industry powerhouse-bitch-boss from hell. There is exceptionally good acting by Streep in this drama/comedy. She will probably be nominated for a Best Actress Oscar for her outstanding performance. Anne Hathaway does a good job as the long suffering assistant to Streep. ★ ★ ★ ½



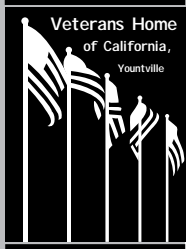
GRANT HALL
Theater doors
open at 5:15 pm
Wednesdays &
Fridays

Special selected
presentations at
5:30 pm

Feature Film
begins at 6:00 pm

The Digital
Theater is
sponsored by the
Veterans
Remembrance
Committee,
The MW&R Fund
and AMVETS

*Neil Remnant,
Movie
Coordinator*

The AMVETS Service Foundation logo is a circular emblem. It has a red outer ring with the words "AMERICAN VETERANS" in white. Inside the ring is a purple circle with a white silhouette of a soldier standing with a rifle. The word "AMVETS" is written in large, bold, white letters across the center of the purple circle. The entire emblem is surrounded by a wreath of yellow leaves.

The *Veterans Home Media Program* gratefully acknowledges the generosity of the *AMVETS Service Foundation* in supporting *KVET TV*, the *Grapevine*, and the *Veterans History Program*.

GRAPEVINE

Veterans Home of California
P.O. Box 1200
Yountville, CA 94599-1421

For
Information
about the
Veterans
Home
call: 1-800-
404-VETS